



Transgender and Nonbinary Identities Resource Packet

Updated as of October 2023

Created by Shira Helena Gitlin (they/them)



What is Gender?

GENDER IDENTITY

A person's internal, deeply-felt sense of being a man, woman, in between, or another gender entirely.

GENDER EXPRESSION

An individual's characteristics and behaviors such as appearance, dress, mannerisms, speech patterns, and social interactions that are perceived as masculine or feminine. This may also fluctuate, but a visual change in gender presentation does not necessarily mean that the person's pronouns or identity have changed.

SEX ASSIGNED AT BIRTH (BIOLOGICAL SEX)

The anatomical classification of people as male, female, or intersex. This is usually assigned at birth. When talking about gender, you may see terms like Assigned Female at Birth (AFAB) or Assigned Male at Birth (AMAB).

Definitions

TRANSGENDER

An umbrella term that describes people whose gender identity and/or gender expression is different from their assigned gender at birth. Trans is used as an adjective, not a noun. Ex: Trans Woman, Transgender Man.

CISGENDER

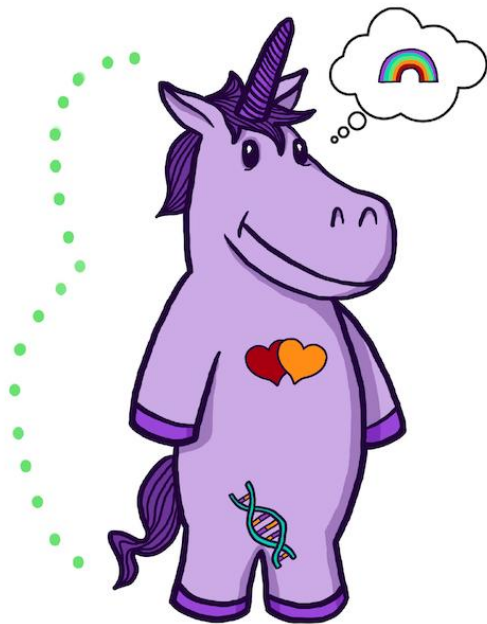
This is a term to describe someone who identifies with the gender they were assigned at birth.

NONBINARY

This is another umbrella term that describes people whose gender identity and/or gender expression is different from their assigned gender but does not fall under the traditional binary genders of Male or Female. Some terms that fit in this category include *Genderqueer*, *Agender*, *Bigender*, and *Two Spirit*. While some Nonbinary individuals identify with the term transgender, others do not.

The Gender Unicorn

Graphic by:
TSER
Trans Student Educational Resources



To learn more, go to:
www.transstudent.org/gender

Design by Landyn Pan and Anna Moore

Definitions

Gender Nonconforming (GNC): Gender nonconforming people have, or are perceived to have, gender characteristics and/or behaviors that do not conform to traditional or societal expectations.

Transition: The process of changing genders from one's assigned gender to one's gender identity. There are many different ways to transition. For some people, it is a complex process that takes place over a long period of time, while for others it is a one- or two-step process that happens more quickly. Transition may include "coming out": telling one's family, friends, and/or coworkers; changing one's name and/or sex on legal documents; or accessing gender affirming healthcare such as hormone therapy or surgery.

Misgendering: When one uses a pronoun, gendered word, or prefix for an individual that does not reflect their gender identity. While this is often accidental, it can cause lasting effects in an individual or workplace.

Gender Dysphoria: The feeling of discomfort or distress that might occur in people whose gender identity differs from their sex assigned at birth, either physically or socially.

Deadname: The name that a transgender person no longer uses (this can either be the name they were given at birth or a name that they were trying on that they no longer want to use).

The background is a solid purple color. In the top right and bottom left corners, there are decorative elements consisting of three overlapping, curved bands of color: a light purple band on the outside, a yellow band in the middle, and a pink band on the inside. The title is centered in the middle of the page.

A Brief History of Trans Identities

Gender Expansive Identities

- **Gala**: androgynous or trans priests of the Sumerian goddess Inanna from 5000 to 3000 B.C.
- **Hijra**: In South Asia, at least eight-known gender-expansive identities have historically been present in the subcontinent including Hijra.
- **Māhū**: In the pre-colonial history of Hawai'i, māhū were a third gender and often served as healers. This term has been reclaimed within the last decade.
- **Kathoey**: In Thailand, people who were assigned male gender at birth and view themselves as either a third gender or as a second type of woman, rather than viewing themselves as wholly female in gender.



Two Spirit Identity

Two Spirit: Two Spirit is meant to be an umbrella term that points to the important roles that Two Spirit people held **prior** to colonization; however, as an umbrella term, specific teachings, roles, meanings, and language must come from the community. There are over 130 terms derived from Indigenous languages to describe people who did not fit into the western gender binary.

The contemporary term Two Spirit was first coined in 1990 at the 3rd annual Native American and Canadian Aboriginal LGBT people gathering in Winnipeg. In creating the term, the founding group wanted to reflect the historical acceptance of gender-variant peoples and diverse sexual identities within Indigenous communities in pre-contact times.

[Learn more about Two Spirit Identity](#)



[What Does "Two-Spirit" Mean? with Geo Neptune](#)



Buffalo Barbie, Navajo Nation



Anthony Johnson, Navajo Nation and Dr. James Makokis, Saddle Lake Cree Nation



Shira Helena Gitlin (2023)

Western Trans History

There have always been transgender and gender variant people throughout history, but the Western idea of “transgender” (formerly referred to as transexual or transvestite) was popularized in the early 1900’s by Dr. Magnus Hirschfeld.

Terms such as “transgender” and “gay” are strictly new constructs that assume three things: that there are only two sexes (male/female), two sexualities (gay/straight), and two genders (man/woman).

A Timeline of Western Trans Identity

- 1776** The Public Universal Friend reported being genderless, dressed androgynously, and asked the followers they gained while preaching throughout New England not to refer to them by their birth name or gendered pronouns.
- 1836:** Mary Jones, a free African-American, was arrested in New York City for dressing as a woman, prostitution, and pickpocketing.
- 1880's** William Dorsey Swann, the first recorded drag queen, organized a series of drag balls in Washington, D.C.
- 1919:** Dr. Magnus Hirschfeld started the oldest Western institute studying LGBTQ identities in Germany. Institut für Sexualwissenschaft performed some of the earliest contemporary affirming medical services. It was destroyed in the rise of German fascism under the Nazi party.
- 1952** Christine Jorgensen undergoes surgery in Copenhagen and is outed by the American press. She causes an international sensation. For many, she is the first visible trans person in the media.

A Timeline of Western Trans Identity

- 1964** Reed Erickson launches the Erickson Educational Foundation (EEF), an organization that supports work being done in the 1960s and 1970s in the field of trans studies in the US.
- 1969** Marsha P. Johnson, Sylvia Rivera, and Stormé DeLarverie are among those who resist arrest in a routine bar raid on the Stonewall Inn in New York City's Greenwich Village.
- 1971** Pauli Murray, a Black gender nonconforming activist, helped Ruth Bader-Ginsberg write decisions about gender discrimination.
- 1970** Drag queen and trans woman Crystal LaBeija and friends started the House of LaBeija, the first modern ballroom house.
- 1980's** Trans and queer communities are devastated by the AIDS epidemic, particularly trans women and queer men of color.
- 1990** Trans activist Lou Sullivan's writings and advocacy opened up dialogues about gay trans men during the AIDS epidemic.

A Timeline of Western Trans Identity

1999: Transgender Day of Remembrance was founded by transgender activist Gwendolyn Ann Smith to memorialize the murder of Rita Hester, a black transgender woman from Allston, Massachusetts.

2009: Transgender Day of Visibility was founded by transgender activist Rachel Crandall in 2009 as a reaction to the lack of LGBT holidays celebrating transgender people.

2014: Laverne Cox became the first openly transgender person to be nominated for an Emmy in an acting category and was on the cover of Time Magazine.

2018: Trans woman and drag queen Peppermint became the first trans woman to originate a principal role on Broadway in *Head over Heels*.

2020: Actor Elliot Page comes out as trans, marking the first time a major movie star has transitioned publicly.

2022: L. Morgan Lee becomes the first transgender woman to be nominated for a Tony Award for her role in *A Strange Loop*

Transgender Issues

Race, Colorism, & Religion



Tracee McDaniel, a transgender activist and speaker from Georgia

Race & Transphobia

Shira Helena Gitlin (2023)

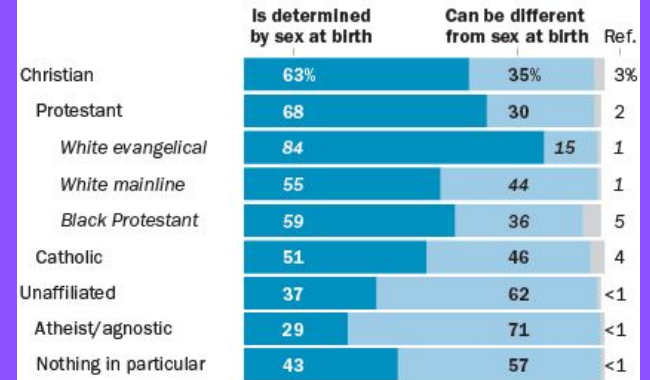


Michelle Obama, who press have covered in a transphobic manor

Colorism & Transphobia

Six-in-ten Christians say gender determined at birth; six-in-ten religious 'nones' disagree

% who say that whether a person is a man or a woman ...



Note: Figures may not add to 100% due to rounding.

Source: Survey of U.S. adults conducted Aug. 8-21 and Sept. 14-28, 2017.

PEW RESEARCH CENTER

A poll from the Pew Research Center showing the difference in acceptance between Christian and secular individuals.

Religion & Transphobia

Citizenship, Immigration, & Language



Rodrigo Ventocilla, a Peruvian Harvard Grad student who died after being detained in Indonesia



Maura Martinez has been held in Ice detention for more than two years

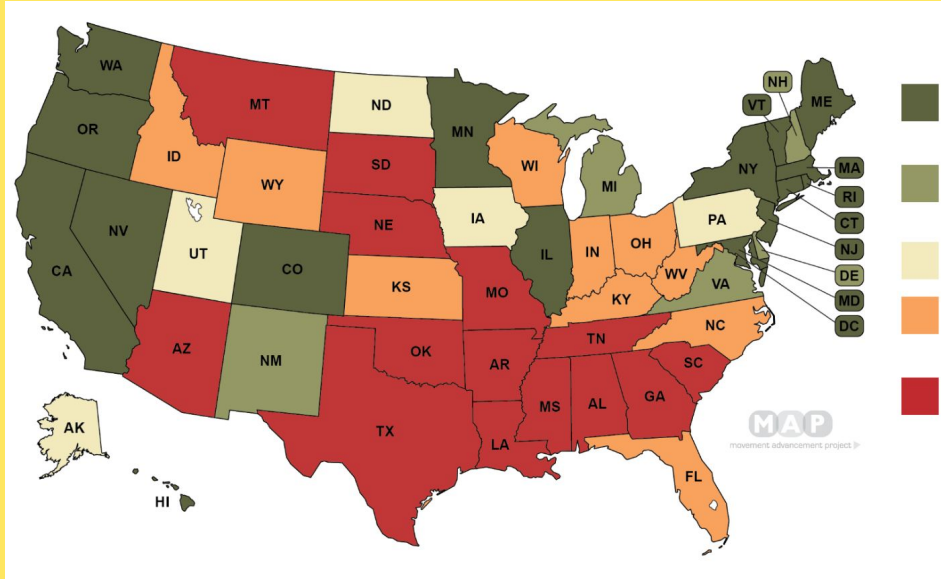


Roxsana Hernandez, a Honduran Trans Woman who died in ICE custody in 2018

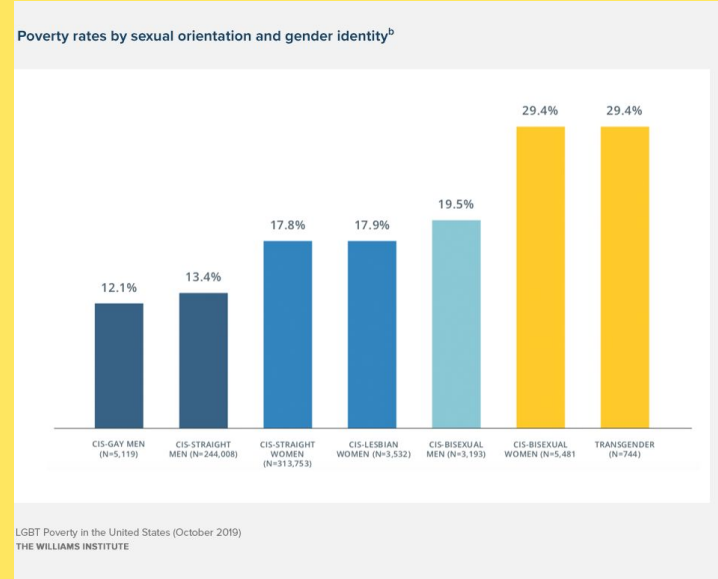
Transgender Identity & Immigration

Asylum for Transgender Immigrants

Class, Wealth, & Location



National Equality Map - Green is high protection for transgender people, Red is no protection for transgender people



LGBT Poverty in the United States (October 2019)
THE WILLIAMS INSTITUTE

LGBT poverty in the United States

How Gender Affects Income

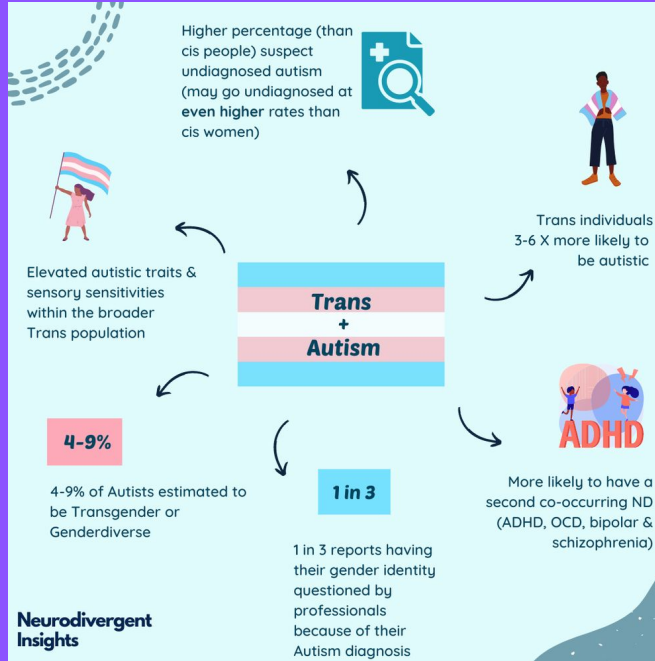
Best and Worst Places to be LGBT

Transgender Poverty

Physical Ability, Mental Health, & Neurodiversity



Aaron Philip, a disabled, gender-nonconforming, femme model



[WATCH](#): Gender Diversity & Neurodiversity

Connections between [autism](#) and trans identity

[Disability & Transgender Identity](#) [Mental Health & Effects of Trans Healthcare](#) [Neurodiversity](#)

Gender Conformity & Transmisogyny



Alok V Menon speaks on
nonbinary identity

Gender Nonconformity



Gender nonconforming model
Rain Dove

Transgender Men & Privilege



Trans woman Tiffany Mathieu

What is Transmisogyny?

Cost of Transition

Name Changes: between \$150-450 - including drivers license, social security, birth certificate, and more.

Gender Affirming items: Binders, packers, tucking underwear, and more can range from \$10-50

Hormones: Hormones and the related doctor's visits and blood work can range from \$80 a month to \$1,500 a year. This may be mitigated by insurance.

Gender Confirming Surgeries: Top surgery can cost between \$10,000 and \$15,000. Bottom surgery can cost around \$30,000 for trans feminine people and \$60,000 for trans masculine people depending on the procedure. Facial feminization surgery can cost up \$40,000. Other gender confirming surgeries may include hysterectomies, nose jobs, or liposuction. Some of these surgeries are covered or partially covered by insurance, but many are not.

Hidden Costs of transition & Calculating Transition Costs

Health Care

INSURANCE SCAMS OR MISINFORMATION

Insurance companies will mislead a trans person to think that surgery will be covered but add additional fees post-surgery.

LACK OF GENDER AFFIRMING CARE

Some insurance companies will not cover transgender care, particularly in conservative states that have passed legislation regulating gender affirming care.

SUBPAR MEDICAL CARE

Transgender people have often been dismissed or do not have access to good or consistent medical care.

INABILITY TO CHANGE GENDER MARKER ON INSURANCE POLICIES

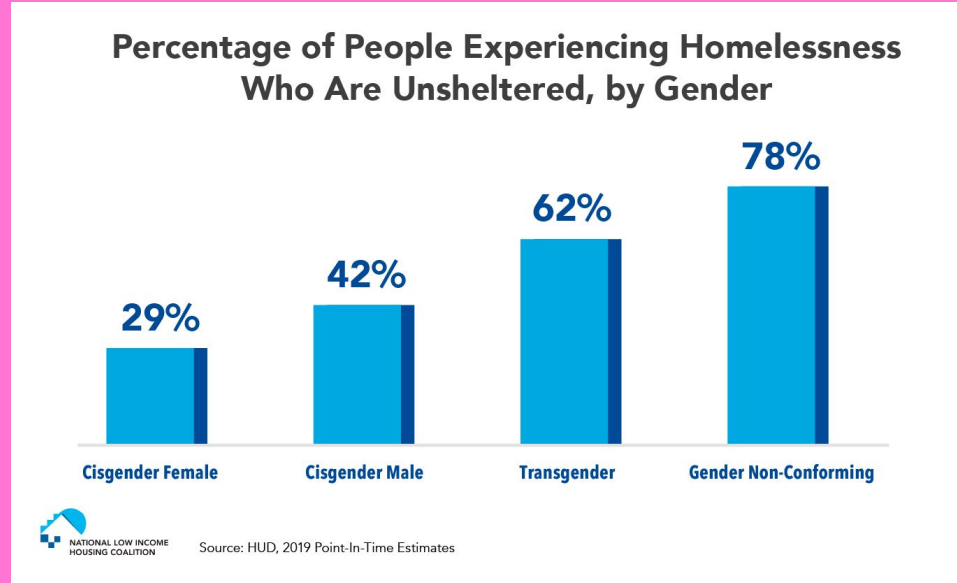
Under some policies, Trans people will be unable to access important care if they change the gender marker with their insurance.

MENTAL ILLNESS/SUICIDE

At least 82% of people who are TGNC have thought about or attempted suicide. Transgender people also have a high risk of involuntary detainment.

Legal & Safety Issues

- Unemployment Rates
- Lack of Jobs
- Dangers of Sex Work
- Discrimination
- Exclusion from Shelters
- Prison inequity
- Homelessness
- Criminalization of Trans Bodies



Anti-Trans Violence

Active transphobia and calls for violence against trans people exist both online and in real life and this has consequences:

- Transgender people face much higher rates of intimate partner violence compared to cisgender people.
- Violence disproportionately affects transgender women of color, particularly Black transgender women.
- Last year around the world, 375 trans and gender-diverse people were reported killed.
- In 2023, we have already seen the death of at least 17 members of this community.



Gender Identity & Age

“But my kid is too young to know they’re transgender! This is such a big life decision and I don’t think they’re old enough to make it.”

Affirming care is supported by every major medical organization including:

- The American Medical Association
- The American Academy of Pediatrics, &
- The American Psychiatric Association

Not True! Studies show that gender identity develops around the age of **3-5 years old**.

For most youth under the age of 18, “gender affirming healthcare” means Hormone Blockers, binders, and shifts in gender presentation. While studies show that it is **incredibly rare for transgender people to detransition**, all of these things are ultimately **reversible**. Doctors overwhelmingly agree that transgender healthcare is lifesaving.

States like Florida, Alabama, and Texas are all attempting to ban ANY form of gender affirming healthcare for minors (and some for adults as well!)

[More Information & Resources & The Truth About Gender Affirming Healthcare](#)

Transgender Children in Sports

In 2021, at least **70 anti-trans sports bills** were proposed in more than half of the U.S. states. Most of the bills targeted trans girls, with the aim of banning trans girls from competing in girls' sport.

What about hormone levels? In most professional and collegiate level sports, **hormones are highly regulated**. Whether taking estrogen or testosterone, athletes are tested multiple times a season to make sure their hormones are in line with cisgender athletes. In many cases, these anti-trans bills affect children under the age of 10 - when those assigned male at birth and those assigned female have almost **no difference in hormone level**.

Accusations around body size are often **misogynistic and racist** in addition to being transphobic. Black women (cisgender and transgender) are overwhelmingly the center of these conversations. Biological diversity is common in all people, and both transgender women and cisgender women are affected by this type of transphobia.

In order to exclude transgender women and girls from participating in women's sports, there must be method of examination. This would mean that girls (trans and cis) will be forced to undergo genital exams, genotyping, and hormone evaluations. Not only is this incredibly invasive, but degrading and inappropriate.

[More Information](#) - [Taking Action](#) - [Info on Trans Athletes](#)

Anti-LGBT Hostility & Homophobia

Within the last year, legislation known as “Don’t Say Gay” bills have been brought to sessions all over the United States. Some have even passed in states like Florida and Alabama. These bills effectively criminalize teachers, educators, and federal workers from engaging in any content that has to do with sex, sexuality, and gender around children. It would also require them to out children who have confided in them.

Within the last few weeks, a nation bill called “Stop the Sexualization of Children Act,” would do similar damage on a national scale.

In Texas, Florida, and many other states, politicians have labeled gay and transgender people as “groomers” and pedophiles in order to create unrest. Unfortunately, The Republican party has made anti-transgender legislation a main tennant of their political campaigns in order to attract religious and evangelical constituents.

More information on Current Legislation

[Legislation Tracker for Anti-Trans bills](#)

[More Info on Current Legislation](#)

[Current LGBT News](#)

[ACLU](#)

[HRC](#)



Transgender Rights II: Last Week Tonight with John Oliver



Pronouns and Language

Gender Pronouns

<u>SUBJECT</u>	<u>OBJECT</u>	<u>POSSESSIVE</u>	<u>PRONUNCIATION</u>	
she	her	hers	shee, her, herz	
he	him	his	hee, him, hiz	
they	them	theirs	thā, them, therz	
ze	hir	hirs	zhee, here, heres	} NEO-PRONOUNS
ze	zir	zirs	zhee, zhere, zheres	
xe	xem	xyrs	zhee, zhem, zheres	

Types of Pronouns

STATIC:

I use *she/her/hers*. My pronouns are *they/them*. I only use *he/him* pronouns.

NON-STATIC/ROLLING/MULTIPLE PRONOUNS:

I use any pronouns, but today I am using *he/him*. I use both *she/her* and *they/them* interchangeably. I use *all pronouns* but please only use *he/him* around my parents.

NEOPRONOUNS:

ze/zir/zirs

Ze left *zir* backpack at my house. Are *ze* going by the party by *zirsself*?

ze/hir/hirs

Ze just got married, *hir* new wife is named Melissa.

ae/aer/aers

Ae came over earlier to talk about *aer* relationship issues.

fae/faer/faers

That shirt is *faers*, *fae* let me borrow it for the weekend

How to Use Non-static/Rolling Pronouns

- People can use gender nonconforming pronouns without being trans or nonbinary just like cisgender people can be gender nonconforming and still identify as cis.
- Many gender expansive people use multiple pronouns to reflect a multifaceted gender identity.
- Some people who use multiple pronouns do it because they are not fully out in certain spaces or are still testing out pronouns to see which fit best.
- When talking about most people who use multiple pronouns, you can use either pronoun interchangeably. Some individuals may request the use of certain pronouns in certain spaces.



he/they
she/they

Gender Neutral Language

- Refer to your cast with gender-neutral language such as “**Folks**” vs. “Ladies and Gentleman”
- For dancers or ensemble groups, the terms could be “**leads and follows**” or “**As and Bs**”
- Character groups can be changed from things like “Little Girls” to “**Annie’s Friends,**” etc.
- Reference **specific voice parts** instead of “men’s voices” or “women’s voices”
- When you are speaking to an audience or audience members, terms like **folks, y’all, friends,** or **everyone** can be used instead of ladies and gentleman.
- Ultimately, degendering language is a learning process and common sense will help guide when to use degendered language.

Tropes to Avoid

- **Unstable trans character:** the character is unable to function without drugs, alcohol, etc because of the weight of their trans identity
- **“The Trap”:** the character is revealed to be trans in a shocking twist that upsets the cis characters
- **Cisgender man playing dress up:** A man puts on a dress as a joke (see Tootsie, Mrs. Doubtfire, etc)
- **Trans martyr:** the trans character is the hero and is seen as “brave” for just existing
- **Kill your queers:** the trans character dies
- **What about the family:** this story de-centers trans identity and tells the narrative through cisgender eyes (a mother telling a story about her trans child where the child is not actually in the play)
- **Trans voyeurism/Trans nude shot:** a trans person’s body is fetishized or is seen as shocking/taboo
- **Cis passing:** the trans person’s only goal is to pass as a cisgender person
- **Trans tokenism:** there is one trans person and their story centers around their trans identity

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Making Accessible Facilities

Bathrooms



Dressing Rooms

Questions you can ask your team:

- Do your dressing rooms need to be gendered? Why?
- Are you able to create an all gender dressing room with privacy stalls?
- If your dressing room situation is tradition or limited by location, **have a conversation with your actors** about their comfort level and let them opt in to which room they feel most comfortable in.
- If you are an equity house, you get ask for a concession to change the dressing room situation!

Dressing Rooms

Questions you can ask your cast:

- Is there anyone you would particularly like to share a dressing room with?
- Is there anyone you wouldn't like to share a dressing room with?
- Do you prefer a quiet/focused dressing room, or a loud/high energy dressing room?
- Do you prefer a dressing room with a lot of other actors, or just a couple?
- Is there anything else you would like me to know?

Production

Marketing

When working with trans and nonbinary actors, it is important to help support them offstage as well. Make sure that you take steps to set your actors up for success by opening up a discussion with the marketing team.

- Check in with your trans artists about **how they want to be discussed** (double checking pronoun and term usage, such as transmasculine vs. trans man, Two Spirit specific terms etc.)
- Be careful with **tokenization and harmful imagery**. If possible, have a paid trans consultant review your marketing materials.
- Create a **“cheat-sheet”** for press and reviewers that you can include in the press packet.
- Add pronouns to **bios** in programs and on websites.

Press Information for *The Pink Unicorn* by Elise Forier Edie (she/her)

Director: M. Bevin O’Gara (she/her)

Associate Director: Shira Helena Gitlin (they/them)

Production Designer: Ari Herzig (they/them)

Trisha Lee (she/her): Stacy Fischer (she/her)

Please refer to the unseen character of Jo (they/them) with gender-neutral terms such as child instead of daughter. When speaking of Jo pre-transition, do not use the word daughter or pronouns “she” or “her” unless directly quoting the script.

If you have any questions, please contact Associate Director Shira Helena Gitlin, shirahelenagitlin@gmail.com

More information about They/Them Pronouns:

<https://www.mypronouns.org/they-them>

Tips for covering Trans and Nonbinary people:

<https://www.cjr.org/analysis/trans-nonbinary-subjects-tips.php>

Costumes, Hair, & Makeup

- Have a conversation with your costume, hair, and makeup designers to discuss character gender presentation.
- If possible, involve your trans actors in the conversation about their costumes as they are developed. Discuss character gender presentation and identity. Ask the actor what they are personally comfortable wearing.
- Be prepared to change or shift a design based on gender-related discoveries in the rehearsal room.
- For many trans people, fittings can range from uncomfortable to triggering, so understand that kindness and flexibility are essential. Check in with your actor and see if they want an advocate in the room with them. This could be your production's gender consultant, another actor or artist, or a friend.

Theatre Resources

Trans Playwrights, Script, and Casting Resources



Preston Max Allen (he/him) *We Are the Tigers*



Ty Defoe (he/him) *Firebird Tattoo*



Aziza Barnes (they/them) *BLKS*



Sharifa Yasmin (she/her) *The Devils Between Us*



M Sloth Levine (they/them) *The Interrobangers*

- [Gender Consultants in the United States](#)
- [Unproduced Full-Length Plays by Transgender Playwrights](#)
- [Nonbinary Monologue Project](#)
- [The Methuen Drama Book of Trans Plays](#)
- [Ring of Keys: Find Trans and GNC actors, playwrights, and more.](#)
- [Trans Theater Makers List: Directors, Designers, Producers, etc](#)
- [Directory of Queer & Trans People Working in Professional Intimacy](#)

Trans Playwrights: A non-definitive List

- [Agnes Borinsky](#)
- [Alle Malia Mims](#)
- [Ashley Rogers](#)
- [Avery Jean Brennan](#)
- [Ayla Sullivan](#)
- [Aziza Barnes](#)
- [Azure D Osborne-Lee](#)
- [Bilal Baig](#)
- [Brin Solomon](#)
- [Cal Walker](#)
- [Cat Crowley](#)
- [Darcy Parker Bruce](#)
- [Else C. Went](#)
- [Elliot Haugen](#)
- [Ezra Brain](#)
- [Fly Jamerson](#)
- [Hayley St. James](#)
- [Heath V. Salazar](#)
- [Imani Russell](#)
- [J. Chavez](#)
- [J.C. Pankratz](#)
- [Jan Rosenberg](#)
- [James T. Washburn](#)
- [Javi Rivera DeBruin](#)
- [Juliany F. Taveras](#)
- [Kit Yan](#)
- [Leanna Keyes](#)
- [Lily Gonzales](#)
- [Luna Mac-Williams](#)
- [M Sloth Levine](#)
- [Mara Vélez Meléndez](#)
- [Max Raymond](#)
- [Meme Garcia](#)
- [MJ Kaufman](#)
- [Mika Kauffman](#)
- [Mashuq Mushtaq Deen](#)
- [Nelle Tankus](#)
- [Nic A. Sommerfeld](#)
- [Noelle Provost](#)
- [Percy Smart](#)
- [Preston Max Allen](#)
- [Raphaël Amahl Khouri](#)
- [Reinette LeJeune](#)
- [Rhiannon Collett](#)
- [Riley McCarthy](#)
- [Robert X. Newman](#)
- [Roger O. Mason](#)
- [Sandy Sahar Gooen](#)
- [Samuel Achilles Edwards](#)
- [Sharifa Yasmin](#)
- [Shannon Kearns](#)
- [Shualee Cook](#)
- [SMJ Meeker](#)
- [Socks Whitmore](#)
- [Sophie](#)
- [Sagan-Gutherz](#)
- [Stevie Jae Davis](#)
- [Sylvan Oswald](#)
- [Tracy Hoida](#)
- [Tristan B. Willis](#)
- [Ty Defoe](#)

Other Trans Theatre Resources!

More reading about Trans Identity and Theatre:

- [Beyond the Bathrooms: Cultivating Meaningful Trans Inclusion in Theatrical Spaces](#)
- [Developing Trans Roles for the Theatre](#)
- [Queering Directing](#)
- [Transphobia in Theatre](#)
- [Trans Theatre Is More Than a Cast List](#)
- [What it Means to Be Trans in Theatre](#)
- [Why Trans Representation in the Theater Industry Lags Behind Film and TV](#)
- [Finding Roles as Trans and Nonbinary Actors in Chicago Resembles a Shuffle: One Step Forward, Two Back](#)
- [How to Make Your Theatre Production Trans Inclusive](#)
- [Understanding Trans and Nonbinary Casting with Gendered Intelligence](#)
- [Gender and Sexuality on Stage](#)

Instagram users to follow:

- [Sav Sousa](#)
- [Ty Deran](#)
- [Maybe Burke](#)
- [Andrew Fem](#)



More resources for talking about Trans Identity in Theatre:

Gender Explosion: <https://www.stagesource.org/page/GenderExplosion>

Transgender Training Institute: <https://www.transgendertraininginstitute.com/>

Trans Literacy Project: <https://honestaccomplice.org/the-trans-literacy-project/>

Resources on Trans Identity

Things to watch:

[Disclosure](#) [Pose](#) [Alok V Menon speaks on nonbinary identity](#) [Trans 101 Series](#)

Books:

[Beyond the Gender Binary by Alok V. Menon](#) [Tomorrow Will Be Different: Love, Loss, and the Fight for Trans Equality by Sarah McBride](#) [Transgender History by Susan Stryker](#)
[Trans Bodies, Trans Selves: A Resource for the Transgender Community by Laura Erickson-Schroth](#)
[More books on Trans Identity](#)

Information about current events:

[Legislation Tracker for Anti-Trans bills](#) [More Info on Current Legislation](#) [Info on Gender Affirming Care for Youth](#) [Info on Trans Athletes](#) [Current LGBT News](#) [ACLU](#) [HRC](#)

Resources on Trans Identity

Chase Strangio, he/him (trans man who is the lead ACLU lawyer for trans rights)

Schuyler Bailar, he/him (trans man athlete and educator)

Alok Vaid Menon, they/them (nonbinary author, performer, activist)

Chris Mosier, he/him (the first transman on men's Team USA, professional Nike athlete, advocate)

JayCee Cooper, she/they (trans athlete, powerlifter, read her story here)

Jeffrey Marsh, they/them (non-binary activist)

Elliot Page, he/they (trans masculine actor, activist)

Resources on Trans Identity

- [Buy your own pronoun pin](#)
- [More information on gender identity](#)
- [Learn more about they/them pronouns](#)
- [Learn about neopronouns](#)
- [Practice they/them or other pronouns](#)
- [Learn more about nonbinary genders](#)
- [Learn more about culturally specific genders \(Two-Spirit, Hijra, etc\)](#)
- [A comprehensive list of LGBTQ+ definitions](#)
- [Frequently asked questions about trans identity](#)



More questions about trans identity? Google is your friend!

Created by Shira Helena Gitlin. February 2023.

Shirahelenagitlin.com